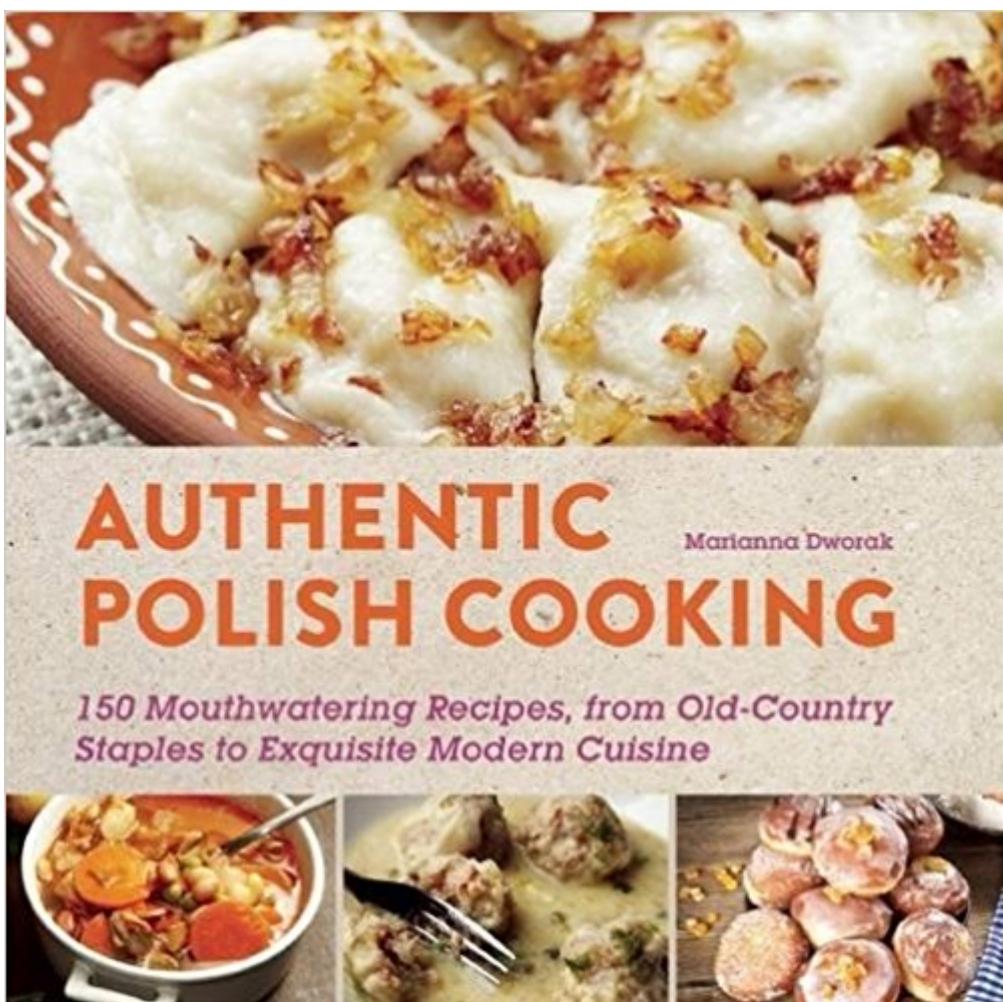


The book was found

# Authentic Polish Cooking: 120 Mouthwatering Recipes, From Old-Country Staples To Exquisite Modern Cuisine



## Synopsis

Polish cuisine is hearty and filling, and though some may think the Polish diet is all meat and potatoes, that is far from the truth. With its rich soups, innumerable salads and side dishes, tasty fish and vegetarian meals, colorful and delectable desserts, and yes, meat and potato fare, this cuisine consists of a wide variety of dishes incorporating a broad selection of cultural and regional influences that will have you licking your lips. Organized by course, this cookbook features more than one hundred recipes, including beet soup, cucumber salad, potato pancakes, Hunter's Stew, pork and rice stuffed cabbage leaves, traditional babka cake, and of course, pierogies! Numerous recipes for veal, chicken, kielbasa sausage, pork, and beef dishes make this a great and thorough cookbook that is a fantastic addition to any kitchen. With easy-to-follow instructions for simple as well as more intricate dishes, a section on traditional holiday meals, estimated cooking times, and suggestions for healthy ingredient substitutions, this cookbook will teach anyone how to cook delicious Polish food. For those wishing to re-create their grandmother's favorite recipe, or those wanting to experience a new cuisine, Authentic Polish Cooking will bring a bit of Eastern Europe to your home. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

## Book Information

Paperback: 176 pages

Publisher: Skyhorse Publishing; Reprint edition (May 17, 2016)

Language: English

ISBN-10: 1510702199

ISBN-13: 978-1510702196

Product Dimensions: 7.5 x 0.6 x 7.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #259,862 in Books (See Top 100 in Books) #15 in Books > Cookbooks, Food & Wine > Regional & International > European > Polish #128 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Holidays #136 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Soups & Stews

## Customer Reviews

Marianna Dworak was born and raised in Warsaw, Poland, and has been a foodie all of her life, learning all about Polish cooking from her mother and grandmothers. She now lives in the United States, where she writes, edits, and cooks.

A great assortment of recipes, old from my Polish heritage and new ones to try. Want my family to experience their heritage as well. Recipes easy to follow, ingredients readily available.

I work with a guy from Poland. I bought this book to cook for him. Everything I have made him so far he really likes and says it's close to how it's made at home.

[Download to continue reading...](#)

Authentic Polish Cooking: 120 Mouthwatering Recipes, from Old-Country Staples to Exquisite Modern Cuisine Polish: Learn Polish Bundle 2-1 (Polish: Learn Polish in a Week! & Polish: 95 Most Common Phrases & 1000 Most Common Words): Polish Language for Beginners (Learn Polish, Polish, Polish Learning) Polish Recipes: 50 of The Best Polish Recipes from a Real Polish Grandma: Authentic Polish Food All In a Comprehensive Polish Cookbook (Polish Cookbook, Polish Recipes, Pierogi Recipes) Authentic Polish Cooking: 150 Mouthwatering Recipes, from Old-Country Staples to Exquisite Modern Cuisine Polish: Learn Polish in a Week! Start Speaking Basic Polish in Less Than 24 Hours: The Ultimate Crash Course for Polish Language Beginners (Learn Polish, Polish, Polish Learning) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes The Ultimate Polish Cookbook - Cook Up Delicious Polish Recipes: Making Polish Bread Recipes Passed Down Generations The Exotic Polish Food Cookbook: The Beginner's Guide to Authentic Polish Cuisine Welcome to Korean Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Korean Recipes (Korean Cookbook, Korean Cuisine, Korean Cooking Pot, Asian Cuisine...) (Unlock Cooking, Cookbook [#8]) Healthy Thai Cooking: 80 Great Recipes: Low-Fat Traditional Recipes From Thailand, Burma, Indonesia, Malaysia And The Philippines - Authentic Recipes Shown In Over 360 Mouthwatering Photographs

Southeast Asian Cooking: Bundle of 120 Southeast Asian Recipes (Indonesian Cuisine, Malaysian Food, Cambodian Cooking, Vietnamese Meals, Thai Kitchen, Filipino Recipes, Thai Curry, Vietnamese Dishes) Welcome to Japanese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Japanese Recipes (Japanese Coobook, Japanese Cuisine, Asian Cookbook, Asian Cuisine) (Unlock Cooking, Cookbook [#7]) Southeast Asian Cooking: Bundle of 120 Southeast Asian Recipes (Indonesian Cuisine, Malaysian Food, Cambodian Cooking, Vietnamese Meals, Thai Kitchen, ... of recipe books from Southeast Asia! Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Southern Cooking: for beginners - Simple Southern Food Recipes - Old South Recipes (Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1) Easy Spanish Cookbook: Authentic Spanish Recipes from Cuba, Puerto Rico, Peru, and Colombia (Spanish Cookbook, Spanish Recipes, Spanish Food, Spanish Cuisine, Spanish Cooking Book 1) Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) Easy Jamaican Cookbook: 50 Unique and Authentic Jamaican Recipes (Jamaican Cookbook, Jamaican Recipes, Jamaican Cooking, West Indian Cookbook, West Indian Recipes, West Indian Cooking Book 1) Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) Easy Louisiana Cookbook: Authentic Creole Cooking (Louisiana, Louisiana Cooking, Louisiana Cookbook, Louisiana Recipes, Cajun Recipes, Creole Recipes, Creole Cookbook Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)